

BIKE SAFETY

It's time to dust off the bikes! Here are some tips for a season of safe riding:



- **A properly-fitted helmet is the best way to prevent serious injuries.**
- **It is always safest to ride on a sidewalk, but if that is not an option, ride in the same direction as traffic, as far to the right as possible.**
- **VT state law requires you to equip your bike with a light if you ride after dark.**
- **Bright colors, lights and reflectors are a good idea any time of day to increase your visibility.**

Please make sure your children's bicycles and safety equipment are properly sized and maintained, and ride with them until you are sure they can do so safely on their own.



THANK YOU FOR HELPING US KEEP OUR COMMUNITY SAFE

TOWN OF HARTFORD, FIRE DEPARTMENT

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