



## **TOWN OF HARTFORD**

### **FIRE DEPARTMENT**

*Fire/Ambulance/Rescue*

*Scott D. Cooney, Fire Chief*

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## Public Safety Announcement

### **Bicycle Safety**

**Spring is here, and it's perfect weather for a bike ride. Riding bikes is great exercise and a fun activity, but let's make sure we're safe:**

- A properly-fitted helmet is the best way to prevent serious injury on a bike.
- It is always safest to ride your bike on a sidewalk; if that is not an option, you should ride in the same direction as traffic, and as far to the right as possible.
  - When riding your bike along a roadway you need to follow the rules of the road, including using hand signals when you turn or stop.
- VT state law requires that anyone riding a bike after dark must equip the bike with a light.
- Bright colors, lights and reflectors are a good idea any time of day, to increase your visibility.

**Please ride with your children, until you are sure they are able to do so safely on their own.**

**Thanks for helping us keep our town safe for everyone!**